

# GOBIND MARG

## THE BI-MONTHLY BULLETIN OF GURDWARA SRI GURU SINGH SABHA – HOUNSLOW

August/September 2026 – VOL XXXVI – ISSUE 8/9

### The Real-Life History of Jaswant Singh Khalra

Screening of Satluj movie over 4 Sundays – 19<sup>th</sup> & 26<sup>th</sup> Jul, 2<sup>nd</sup> & 9<sup>th</sup> Aug

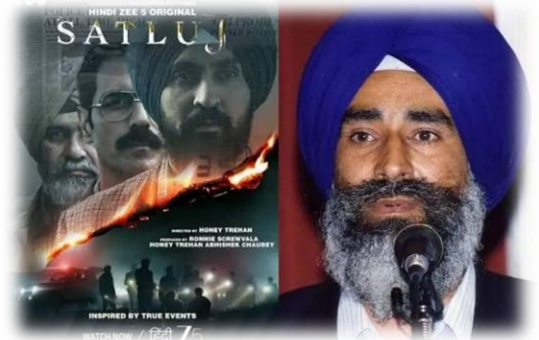
*Satluj* (originally known as *Punjab '95* or *Ghallughara*) is a biographical drama film of the real-life human rights activist Jaswant Singh Khalra. The story follows Khalra's courageous investigation into the extrajudicial killings and enforced disappearances of thousands of people by security forces during the Punjab insurgency in the 1980s and 1990s.

### The Plot and Investigation

- **The Disappearances:** Jaswant Singh Khalra, a bank director, begins looking into the unexplained disappearance of people during the state's military crackdowns.
- **The Evidence:** He visits local cremation grounds and reviews official records, slowly uncovering evidence of thousands of illegal, unrecorded cremations.
- **The Confrontation:** Khalra compiles a list of roughly 25,000 missing individuals, putting him at direct risk as he challenges the power of state authorities and fights for institutional accountability.

### Release and Controversy

- **Censorship Struggles:** The film faced a three-year delay and numerous cuts demanded by the Central Board of Film Certification (CBFC) before premiering digitally.
- **Short Streaming Run:** It was released on ZEE5 on July 3, 2026, but was pulled from the platform for Indian viewers within 48 hours following government directives.



### Critical and Political Reactions to *Satluj*

The film's sudden 48-hour release and disappearance sparked an intense debate over historical memory and censorship.

- **Critical Praise:** Despite its brief availability, *Satluj* received widespread acclaim. Reviewers, including The Hollywood Reporter, hailed it as "one of the finest Indian films of the year," praising Diljit Dosanjh's grounded performance.
- **Political Backlash:** The abrupt removal triggered a political storm in Punjab. Opposition leaders from the Congress party and local politicians strongly condemned the ban, questioning why movies exploring Punjab's dark history face restrictions while other politically sensitive films are cleared for the public.
- **The Government Position:** A government-appointed committee reviewed the film which recommended keeping the film blocked within India, citing "national security concerns" and claiming the narrative could be leveraged by anti-India or separatist elements.
- **Public and Artist Defiance:** In response to the digital block, local youth outfits, political organisations, and religious bodies began organizing "guerrilla" public screenings in villages across Punjab. Diljit Dosanjh went on social media to express that he had fully expected the pushback, stating that attempting to shelve the film would ultimately fail to silence the reality of what happened.

### August/September 2026 Programmes – key Dates

|                                          |                                  |
|------------------------------------------|----------------------------------|
| 27 <sup>th</sup> Jul-7 <sup>th</sup> Aug | Summer Camp                      |
| 2 <sup>nd</sup> & 9 <sup>th</sup> Aug    | Satluj Movie                     |
| 12 <sup>th</sup> Aug                     | Mussia                           |
| 16 <sup>th</sup> Aug                     | Sangrand                         |
| 6 <sup>th</sup> -9 <sup>th</sup> Aug     | Bhai Jughraj Singh Ji            |
| 24 <sup>th</sup> Aug                     | Membership registration START    |
| 28 <sup>th</sup> Aug                     | Puranmassi                       |
| 1 <sup>st</sup> Sept                     | Prakash Sri Guru Granth Sahib Ji |
| 11 <sup>th</sup> Sept                    | Mussia                           |
| 15 <sup>th</sup> Sept                    | Sangrand                         |
| 16 <sup>th</sup> Sept                    | Guru Amar Das Ji Jyoti Jot       |
| 16 <sup>th</sup> Sept                    | Guru Ram Das Ji Jyoti Jot        |
| 20 <sup>th</sup> Sept                    | Membership registration CLOSES   |
| 22 <sup>nd</sup> Sept                    | Guru Nanak Sahib Ji Jyoti Jot    |
| 26 <sup>th</sup> Sept                    | Puranmassi                       |



## Gurdwara Sri Guru Singh Sabha

Alice Way, Hanworth Road, Hounslow, Middx., TW3 3UD

Tel 020 8577 2793

[khalsa@sgss.org](mailto:khalsa@sgss.org) - [www.sgss.org](http://www.sgss.org)

Registered Charity No 283314

### DAILY OPENING TIMES

Gurdwara: 4:00am to 8:00pm Main Office: 10:00am to 6:00pm

Matrimonial: 10:00am to 1:00pm – Closed on Bank Holidays.

Library: Tuesdays & Sundays 11:00am to 1:30pm

Matrimonial Service Contact: 0208 814 6701 or [Marriages@sgss.org](mailto:Marriages@sgss.org)

|         | Monday-Saturday<br>(Exc Tues) | Tuesday                | Sunday                                         |
|---------|-------------------------------|------------------------|------------------------------------------------|
| 4:00am  | Parkash                       |                        |                                                |
| 5:00am  | Nitnem                        |                        |                                                |
| 6:00am  | Simran                        |                        |                                                |
| 6:30am  | Asa Di Var                    |                        |                                                |
| 7:45am  | Ardas                         |                        |                                                |
| 8:00am  |                               |                        | Akhand Path/Sehaj Path Bhog;<br>Sukhmani Sahib |
| 9:00am  |                               |                        | Kirtan                                         |
| 9:45am  |                               |                        | Ardas                                          |
| 10:00am | Kirtan                        | Kirtan                 | Youth Kirtan                                   |
| 10:30am |                               | Katha                  |                                                |
| 10:45am | Katha                         |                        |                                                |
| 11:00am |                               | Sukhmani<br>Sahib Path | Kirtan                                         |
| 11:30am | Ardas                         |                        |                                                |
| 12:00pm |                               | Katha                  |                                                |
| 12:30pm |                               |                        |                                                |
| 1:00pm  |                               | Ladies<br>Kirtan       | Kirtan                                         |
| 2:00pm  |                               | Ardas                  | Ardas                                          |
| 6:00pm  | Rehraas                       |                        |                                                |
| 6:30pm  | Kirtan                        |                        |                                                |
| 7:00pm  | Katha                         |                        |                                                |
| 7:30pm  | Ardas                         |                        |                                                |
| 8:00pm  | Sukhasan                      |                        |                                                |

# General Secretary's Report

Dear Sangat Jee

ਵਾਹਿਗੁਰੂ ਜੀ ਕਾ ਖਾਲਸਾ, ਵਾਹਿਗੁਰੂ ਜੀ ਕੀ ਫਤਿਹ!

WaheGuru Ji Ka Khalsa; WaheGuru Ji Ki Fateh

Having recently been blessed with the presence of renowned kirtanis and kathavachaks including Bhai Anoop Singh (Una Wale), Bhai Lakhwinder Singh Ji, Bhai Balwinder Singh Rangila Ji, Bhai Jujhar Singh Ji, Bhai Kirpal Singh Ji, and Dhadi Jatha Professor Bhupinder Singh Parasmani Ji, we enter September with an equally inspiring programme featuring Bhai Sandeep Singh Ji and Bhai Sarabjit Singh Laddi Ji, together with our resident kathavachak Giani Gurnam Singh Ji.

These visits were complemented by several other major events, including the **Celebration of Culture & Diversity**, a two-day programme organised by Mrs Ashi Dhillon of DnH; the screening of the highly acclaimed film **Satluj**; and our successful **Summer Camp** programme.

As in previous years, Jagjit Singh Sihra and his team successfully organised the **Annual Sponsored Walk** on 26 July 2026. We are pleased to report that the event raised in excess of £40,000 (see page 9).



As a service to the congregation, we recently met with the management team at the **South West Crematorium**, who are happy to welcome visitors wishing to gain a better understanding of how a crematorium operates. The visit would provide insight into behind-the-scenes processes, out-of-hours services, the scattering of ashes in the Gardens of Remembrance, the chapels, and the range of services provided. Anyone interested should contact the General Secretary for further details. The crematorium recently held a memorial event called "Wave of Light", with a Baby Memorial Service scheduled for 15 October and a further Memorial Service on 15 November.

The issues affecting the **sound system** in the New Building Darbar Sahib have been successfully resolved by a volunteer sound systems engineer. His recommendation is to migrate the system's operation and controls to a digital platform, which would provide improved functionality and greater flexibility.

A **Home Office security** team recently visited Gurdwara SGSS Hounslow to assess site security arrangements. Following their assessment, the team will submit a report to the Home Office with a view to securing grant funding for the installation of additional CCTV cameras and enhanced security lighting.

Registration for **Gurdwara Membership** is open to local residents from 24 August to 20 September. The eligibility criteria are summarised in the accompanying flyer.

Registration times are:

|           |                                |
|-----------|--------------------------------|
| Sunday    | 11:00am-4:00pm                 |
| Monday    | 6:00pm-8:00pm                  |
| Tuesday   | 11:00am-2:00pm & 6:00pm-8:00pm |
| Wednesday | 6:00pm-8:00pm                  |
| Thursday  | 6:00pm-8:00pm                  |
| Friday    | 6:00pm-8:00pm                  |
| Saturday  | 6:00pm-8:00pm                  |

Membership open **ONLY** to residents of the London Boroughs of Hounslow, Hillingdon, Richmond, Royal Boroughs of Kingston or Spelthorne.

### Registration Fee

Ordinary Membership (3 years) £5.00

Life Membership £100

### IDs required

Original passport (travel document) and TWO of the following must be produced:

- \*Electricity/Gas/Telephone Bill
- \*Bank statement
- Pension Book
- Driving Licence

\* Issued within last 5 month

At the time of going to the press for publication of this edition of Gobind Marg, the Gurdwara had signed the lease agreement for the adjoining land (**209 Site**) and were awaiting their counter approval from the Department for Education; the lease is an offering to the Gurdwara SGSS Hounslow a two-year lease on the adjoining land for car parking.



In the interim, we have also been taking guidance from a 3<sup>rd</sup> party “Parking Management” company for potential revenue generating avenues to support its use.

The services offered include:

1. A bespoke parking management service at no cost to the Gurdwara (subject to a minimum two-year contract).
2. Installation of Automatic Number Plate Recognition (ANPR) cameras at the company's expense.
3. Management of both free and paid parking through the ANPR system.
4. Provision for disabled parking and permit-holder parking.
5. Full compliance with DVLA regulations and relevant legislation.

No decision has been made in this arena.

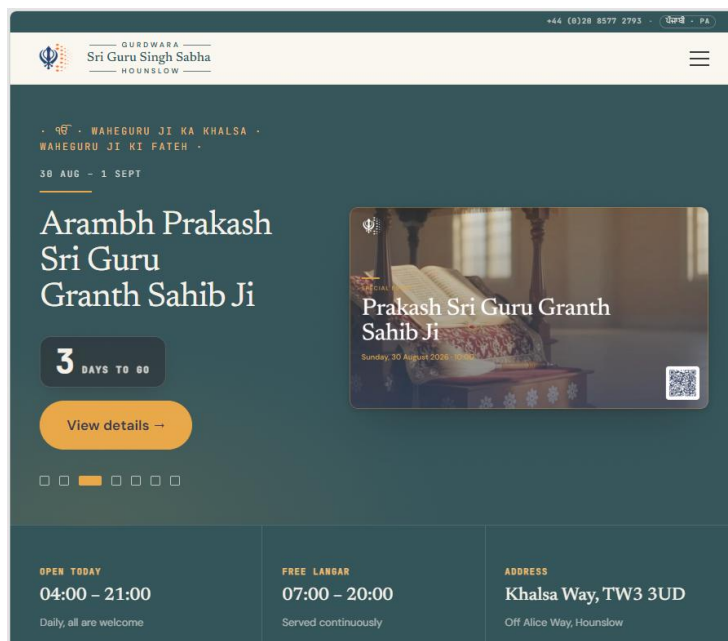
An enhanced, youth-friendly Gurdwara website has recently been launched to engage with our younger generation. We encourage everyone to explore the site and share feedback via [khalsa@sgss.org](mailto:khalsa@sgss.org).

### Punjabi School - Exam Results

Thursday 13 August 2026, our students waited with bated breath to receive their ‘A’ Level Panjabi results. Three of our Panjabi school students sat the ‘A’ level examination this year:

- ☪ Amanvir Singh Grewal
- ☪ Pratham Sharma
- ☪ Barkha Kaur

To their delight (and our) they all passed with A\*. Their hard work and dedication had paid off. With Wahe Guru's grace may their future be filled with many more great achievements.



The Gurdwara Committee would like to thank all the teachers, in particular, the ‘A’ Level teacher Kanwalpreet Kaur Tambar whose patience and persistence have paid off. Kanwalpreet is a very dedicated teacher; she ran extra revision classes for the students. She is also an examiner of Panjabi examinations this gives her a valuable insight into examination techniques from which our students have benefited.

Well done and thank you to the students and teachers.

Thursday 20 August 2026 - GCSE result day. Our students excelled themselves:

- ☪ Daya Kaur                      Grade 8 (A\*)
- ☪ Ishpreet Kaur                Grade 8 (A\*)
- ☪ Damanjeet Singh            Grade 7 (A)
- ☪ Jasmeet Kaur grade        Grade 6 (high B)

We are very proud of our students and teachers who work relentlessly, they have only 2 hours of teaching every week. May Wahe Guru Ji continue to bless the teachers with the ability to teach and support the young generation to continuing learning Panjabi and keeping our language alive.

### Sikhi Summer Camp 2026

Sikhi Summer Camp 2026 started on 27<sup>th</sup> July and ended on the 7<sup>th</sup> August. The Youth organisers were Ikjot Singh, Saanjh Kaur Wadhwa, Pavan Singh and Devindrajit Singh Grewal who were further assisted by a team of 30 other sevadars. 120 children aged 6 years to 14 years attended during the first week. In the second week there were 100 children.

The organisers devised a comprehensive programme of fun filled art and craft activities, sports and a trip to the Kensington Palace “The Last Princesses of Punjab” exhibition. Every morning began by Simran, Mool Mantra, Anand Sahib and Ardas. By the end of the week all children were well versed in all four Sikh scriptures.

Implicit learning is acquiring knowledge without conscious awareness and intention. It involves learning through experience and interaction with the environment. The theme this year was “Sant Sipahi”. The organisers were able to provide knowledge of the core concept of Sant Sipahi. The spiritual devotion, focusing on daily meditation, humility, compassion and deep connection to the creator. The righteous defence which involves standing up against oppression, tyranny and injustice to protect the weak. The historical roots formalised by Guru Hargobind Ji who introduced the concept of Piri and Miri.

Children learnt the meaning of Miri Piri and made swords explaining the significance of the primary symbol of Sikhism. Children were delighted to discover that it is a composite symbol made up of three distinct parts:

- ☪ a double edged sword (Khanda),
- a circle (Chakkar), and
- ☪ two swords on either side of the Khanda.

The Khanda represents the creative power of God, the Chakkar symbolises the eternal nature of God, and the two swords represent spiritual and political authority. All their learning was demonstrated in an exhibition on the Thursday of each week. Parents, grandparents and guardians were able to see the exhibits of children’s learning and verbal presentation.

Other activities that children took part in were sports day – where children walked to Heathland school to take part in a circuit of games consisting of football, cricket, egg and spoon races  
- children also participated in Gatka and self-defence.

Visit to Kensington Palace the current home of Prince William, opened on Queen Victoria’s 80<sup>th</sup> birthday was most enjoyable. Children visited The Sunken Garden they strolled around the beautifully landscaped garden, famously redesigned in the honour of Princess Diana. They saw The Last Princesses of Punjab Exhibition where they discovered the powerful story of Princess Sophia Duleep Singh, a leading suffragette, alongside five remarkable women whose lives connected Punjab, royalty, identity and resistance. The younger children enjoyed the Diane Princess of Wales Memorial Playground, a redesigned area featuring timber houses, play ships and a large sandpit.

The four organisers and their assistant sevadars are excellent role models for our Sikh youngsters. The following comments taken from parents on WhatsApp are a testimony of their valuable seva:  
“Vaheguru Ji Ka Khalsa. Vaheguru Ji Ki Fateh

The Gurdwara Trustees and senior advisors express their heartfelt gratitude to all the organisers, sevadars, volunteers and the sangat who gave their time and energy to make Sikhi Camp such a success.

The amount of seva that goes on behind the scenes is incredible and often goes unseen. From planning and

administration to  
cooking,  
cleaning,  
teaching,  
safeguarding,  
activities and  
simply looking  
after our  
children with  
love and care –  
every act of seva  
is invaluable.

“ਗੁਰਫਤਿਹ ਸਾਰਿਆਂ ਨੂੰ 🙏

ਸਾਰੇ ਸੇਵਾਦਾਰਾਂ, ਵਲੰਟੀਅਰਾਂ, ਪ੍ਰਬੰਧਕਾਂ ਦਾ ਅਤੇ ਸਿੰਘ ਸਭਾ ਹੰਸਲੋ ਗੁਰਦੁਆਰਾ ਦਾ ਅਤੇ ਸਾਰੇ ਸਟਾਫ ਦਾ ਤਹਿ ਦਿਲੋਂ ਧੰਨਵਾਦ ਜੋ ਕਿ ਹਰ ਸਾਲ ਸਿੱਖੀ ਕੈਂਪ ਨੂੰ ਸ਼ਾਨਦਾਰ ਅਨੁਭਵ ਬਣਾਉਣ ਵਿੱਚ ਯੋਗਦਾਨ ਪਾਉਂਦੇ ਹਨ , ਬੱਚਿਆਂ ਨੂੰ ਸਿੱਖੀ ਨਾਲ ਜੋੜਨ ਦਾ ਬਹੁਤ ਵਧੀਆ ਉਪਰਾਲਾ ਕਰਦੇ ਹਨ, ਸੱਚੇ ਪਾਤਸ਼ਾਹ ਗੁਰੂ ਗ੍ਰੰਥ ਸਾਹਿਬ ਜੀ ਸਾਰਿਆਂ ਨੂੰ ਚੜ੍ਹਦੀ ਕਲਾ ਵਾਲਾ ਜੀਵਨ ਬਖਸ਼ਣ ਅਤੇ ਸਭਨਾਂ ਦੀਆਂ ਸੇਵਾਵਾਂ ਨੂੰ ਅਪਣੇ ਦਰ ਤੇ ਪ੍ਰਵਾਨ ਕਰਨ ਧੰਨਵਾਦ 🙏🙏 ”

As parents, it gives us peace of mind knowing our children are in safe hands, learning about Sikhi, building friendships and creating memories that will stay with them for years to come.  
May Akaal Purakh Ji bless each and everyone of you with more Chardi Kala, good health, strength, bani, bana, Simran and more seva to serve the Guru and the Panth”

Congratulation also to Devinderajit Singh Grewal on graduating from Nottingham University with a Mathematics degree. Earning a Mathematics degree from the University of Nottingham takes a lot of hard work, late-night problem solving and dedication. With Wahe Guru Ji's grace may his future be filled with many more great achievements and he continues to provide Sikhi Camp seva.

#### **Event Bookings:** Services performed

|                        | May | June | July |
|------------------------|-----|------|------|
| Weddings               | 12  | 4    | 9    |
| Sukhmani Sahib Path    | 30  | 29   | 32   |
| Sehaj Path/Akhand Path | 15  | 22   | 12   |
| Funerals               | 17  | 15   | 7    |
| School visits          | 4   | 6    | 1    |
| Trips/Lectures         | 4   | 8    | 3    |

#### **Treasurer's Report:**

|             | May         | June       | July       |
|-------------|-------------|------------|------------|
| Income      | £135,578.11 | £89,187.63 | £85,343.66 |
| Expenditure | £71,897.66  | £78,601.43 | £69,401.10 |

Note:

- ⦿ During May 2026, an additional property (35 Hibernia Road) was purchased for £480k using funds from the Savings account.
- ⦿ It should be noted that over £40k was also raised from the Sponsored Walk during the above period.
- ⦿ Major projects (kitchen and Air conditioning) have been funded from our Savings account.
- ⦿ Key major works on the horizon are:
  - Main Building Heating
  - Car Park – Site 209 which is in the process of negotiations

#### **Culture and Diversity Celebration - 7<sup>th</sup> and 8<sup>th</sup> July 2026**

Ashi Dhillon

Disability Network Hounslow was set up over 45 years ago with aim to support, advice, advocate and campaign on behalf of people with disability. Since 1997 Gurdwara has very kindly provided DNH with a private accessible office every Fridays initially from 11 to 3 and since 1999 from 9 to 5pm where I give Advice, information and advocate on their behalf to get the services and benefits they need. We have successfully supported our customers with issues on Social care, DV, Benefits, Housing and much more. Services provided are culturally sensitive in Punjabi, Hindi, Gujarati, Kachi, Swahili, Farsi, Singh Language and for Eastern European languages we seek interpreters.

Since 1999 onwards every two years DNH has organised Culture and Diversity Celebrations and prayers for people with disabilities initially (Akhand Path) hosted by Gurdwara, and since 2012, a two day event where prayers are recited for people with disabilities.

During Covid I participated in home visits, delivering meals, encouraging members, taking them to GP and working on their queries and saw the loneliness, need for company, sharing their sorrows, a period never to be forgotten.



Gurdwara is a modern building with good access arrangements for people with disabilities. The event is funded by donations and many volunteers make it possible.

This year the two day event was on 7<sup>th</sup> and 8<sup>th</sup> July 2026. 15 information stalls : DNH, Alzheimer's Society, West London Perinatal Mental Health, Bluebird Care Hounslow & Chiswick, Healthy



Hounslow/CVD, Outreach Team (Hot), Hillingdon Stroke, Lily Foundation, West London NHS Trust, Skylark Charity, Integrated Lifestyle Stakeholder Liaison, Santander and Rinb provided support, NHS Trust advise members of the community on issues related to community members

On 8<sup>th</sup> July after the closure of religious ceremony, Kirtan and Ardas (special prayers) for people with disabilities was recited by Head Granthi Mr Kernail Singh with his own team. Recited a Shabad (hymn) on equality. This was followed by a presentation ceremony and prayers for all those suffering with Cancer, Stroke, Heart attacks and any other kind of physical, mental health and sensory disability followed by:

The speakers included Penny Ledger, Chair of DNH, Mel Collins, Trustee, Cllr Samia Chaudhry, Janet Wilson, Mitochondrial Disease, Mary Ellen, spoke on their role in the community for over 40 years. Satwinder Ahdan President of Gurdwara on his role as a president of Gurdwara.

DNH brought displays about our work with people with disabilities of Peace Parade (initiated by Ashi in 2016) to promote human rights and child welfare. Our members spoke to people about work of DNH Coffee Morning, Gardening Project and our unique approach to support members who need our services.

Thank you to you all and I am proud to say our events have been very informative, successful and we provided 160 meals Langar to housebound and a huge thanks to all those who contributed from fruit, juices, kind words, sympathy, some showered me with tears, some with hugs, some with appreciation. Without you all this was not possible.

A glimpse of the Celebration of Culture & Diversity programme organised by Mrs Ashi Dhillon and Penny Ledger of Disability Network Hounslow (DnH), honoured by the presence of local MP, Councillors, Mayor and guests from all faiths in the Borough





Various adventures of the Summer Camp participants in pictures





ਨਿਰਸੰਦੇਹ ਸਿੱਖ ਸੇਵਾ ਕਰਨ ਦੀ ਮੁੱਢਲੀ ਸਿਖਿਆ ਗੁਰਦਵਾਰੇ ਵਿਚੋਂ ਪਰਾਪਤ ਕਰਦਾ ਹੈ ਕਿਉਂਕਿ ਇਹ ਸਿੱਖ ਘੜਨ ਦੀਆਂ ਟਕਸਾਲਾਂ ਹਨ। ਨਿਮਰਤਾ ਵੀ ਇਸੇ ਸੇਵਾ ਵਿਚੋਂ ਉਪਜਦੀ ਹੈ।

ਸੇਵਾ ਦਾ ਮੁੱਢਲਾ ਸਿਧਾਂਤ ਨਿਸ਼ਕਾਮ ਸੇਵਾ ਹੈ ਭਾਵ ਜਿਹੜੀ ਬਿਨਾਂ ਕਿਸੇ ਪਰਸਿੱਧੀ, ਆਰਥਿਕ ਲਾਭ ਜਾਂ ਇਨਾਮ ਦੇ ਲਾਲਚ ਤੋਂ ਕੀਤੀ ਜਾਵੇ। ਗੁਰਬਾਣੀ ਦਾ ਫੁਰਮਾਨ ਹੈ -

ਸੇਵਾ ਕਰਤ ਹੋਇ ਨਿਹਕਾਮੀ॥

ਤਿਸ ਕਉ ਹੋਤ ਪਰਾਪਤਿ ਸੁਆਮੀ॥ ਗਉੜੀ ਮਹਲਾ ੫ ਪੰਨਾ ੨੮੬

ਜਿਹੜਾ ਮਨੁੱਖ ਫਲ ਦੀ ਇੱਛਾ ਤੋਂ ਬਿਨਾਂ ਗੁਰੂ ਦੀ ਸੇਵਾ ਕਰਦਾ ਹੈ ਕੇਵਲ ਉਸ ਦੀ ਸੰਸਾਰਕ ਯਾਤਰਾ ਹੀ ਸਫਲ ਮੰਨੀ ਜਾਂਦੀ ਹੈ ਅਰਥਾਤ ਅਕਾਲ ਪੁਰਖ ਦੇ ਦਰ ਤੇ ਸਵੀਕਾਰੀ ਜਾਂਦੀ ਹੈ।

ਸੇਵਾ ਉਹੋ ਸਫਲ ਮੰਨੀ ਜਾਂਦੀ ਹੈ ਜਿਹੜੀ ਤਨ ਅਤੇ ਮਨ ਨਾਲ ਕੀਤੀ ਜਾਂਦੀ ਹੈ, ਧੰਨ ਬਾਦ ਵਿਚ ਆਂਓਦਾ ਹੈ। ਜੇ ਕਿਸੇ ਗ਼ਰੀਬ ਕੋਲ ਧੰਨ ਨਹੀਂ ਤਾਂ ਉਸ ਦੀ ਤਨ ਅਤੇ ਮਨ ਨਾਲ ਕੀਤੀ ਸੇਵਾ ਹੀ ਪਰਵਾਨ ਹੈ। ਧੰਨਵਾਨ ਧੰਨ ਨਾਲ ਸੇਵਾ ਕਰ ਸਕਦਾ ਹੈ ਪਰ ਜੇ ਉਸ ਦਾ ਧੰਨ ਸੱਚੀ ਸੁੱਚੀ ਕਿਰਤ ਕਰਕੇ ਕਮਾਇਆ ਹੋਵੇ। ਜੇ ਉਹ ਮਲਿਕ ਭਾਗੇ ਵਾਂਗ ਗ਼ਰੀਬ ਗੁਰਬੇ ਦਾ ਸ਼ੋਸ਼ਣ ਕਰਕੇ ਕਮਾਇਆ ਹੋਵੇ ਤਾਂ ਅਜਿਹੇ ਧੰਨ ਨਾਲ ਕੀਤੀ ਸੇਵਾ ਪਰਵਾਨ ਨਹੀਂ। ਤੀਜੀ ਪਾਤਸ਼ਾਹੀ ਧੰਨ ਗੁਰੂ ਅਮਰਦਾਸ ਜੀ ਗੁਰੂ ਗਰੰਥ ਸਾਹਿਬ ਦੇ ਪੰਨਾ ੫੫੨ ਤੇ ਫੁਰਮਾਓਦੇ ਹਨ " ਸਤਿਗੁਰ ਕੀ ਸੇਵਾ ਸਫਲ ਹੈ ਜੇ ਕੇ ਕਰੇ ਚਿਤੁ ਲਾਇ॥ " ਇਹ ਹੁਕਮ ਸਾਨੂੰ ਮਨੋਂ ਸੇਵਾ ਕਰਨ ਦਾ ਉਪਦੇਸ਼ ਬੱਖਸ਼ਦਾ ਹੈ।

ਸਤਿਗੁਰ ਨਾਨਕ ਸਾਹਿਬ ਪੰਨਾ ੫੫੮ ਤੇ ਵਡਹੰਸ ਮਹਲਾ

੧ ਘਰ ੨ ਪਰ ਫੁਰਮਾਨ ਕਰਦੇ ਹਨ -

ਤੈਂ ਸਾਹਿਬ ਕੀ ਬਾਤ ਜਿ ਆਖੈ ਕਹੁ ਨਾਨਕ ਕਿਆ ਦੀਜੈ॥

ਸੀਸ ਵਢੇ ਕਰਿ ਬੈਸਣ ਦੀਜੈ ਵਿਣੁ ਸਿਰ ਸੇਵ ਕਰੀਜੈ॥

ਸੰਖੇਪ ਵਿਚ ਇਸ ਦਾ ਭਾਵ ਇਹੋ ਹੈ ਕਿ ਉਹੋ ਸੇਵਾ ਪਰਵਾਨ ਹੈ ਜਿਹੜੀ ਹੰਕਾਰ ਤੋਂ ਮੁਕਤ ਹੋ ਕੇ ਕੀਤੀ ਜਾਵੇ।

ਸੇਵਾ ਕਈ ਪਰਕਾਰ ਦੀ ਹੈ ਅਤੇ ਇਸ ਦਾ ਘੇਰਾ ਬਹੁਤ ਵਿਸ਼ਾਲ ਹੈ।

ਸਭ ਤੋਂ ਮਹਾਨ ਸੇਵਾ ਮਨੁੱਖਤਾ ਦੀ ਹੈ ਜੇ ਇਹ ਧਰਮ, ਜਾਤ, ਰੰਗ ਅਤੇ ਨਸਲੀ ਭੇਦ ਭਾਵ ਤੋਂ ਮੁਕਤ ਰਹਿ ਕੇ ਕੀਤੀ ਜਾਵੇ। ਸਾਡੇ ਗੁਰੂ ਸਾਹਿਬਾਨ ਨੇ ਵੀ ਬੱਚਿਆਂ ਨੂੰ ਗੁਰਮੁੱਖੀ ਪੜ੍ਹਾ ਕੇ, ਦਵਾਖਾਨੇ ਖੋਲ ਕੇ ਰੋਗੀਆਂ ਦੀ ਸੇਵਾ ਕਰਕੇ ਸਾਨੂੰ ਪਰੇਰਨਾ ਦਿੱਤੀ ਹੈ। ਅਜਿਹੀ ਸੇਵਾ ਗੁਰੂ ਕਾਲ ਵਿਚ ਭਾਈ ਘਨਈਆ ਜੀ ਨੇ ਕੀਤੀ ਸੀ। ਉਹਨਾਂ ਨੂੰ ਸਿੱਖ ਰੈਡ ਕਰਾਸ ਦੇ ਮੋਢੀ ਵੱਜੋਂ ਸਤਿਕਾਰਦੇ ਹਨ। ਭਗਤ ਪੂਰਨ ਸਿੰਘ ਜੀ ਦਾ ਨਾਂ ਵੀ ਇਸ ਖੇਤਰ ਵਿਚ ਸਦਾ ਅਮਰ ਰਹੇਗਾ ਜਿਹਨਾਂ ਆਪਣਾ ਸਾਰਾ ਜੀਵਨ ਅਣਵਿਆਹੇ ਰਹਿ ਕੇ ਲੂਲੇ, ਲੰਗੜੇ ਅਤੇ ਅਪਾਹਜਾਂ ਦੀ ਸੇਵਾ ਵਿਚ ਗੁਜ਼ਾਰ ਦਿੱਤਾ। ਪਿੰਗਲਵਾੜਾ ਨਾਮ ਦੀ ਸੰਸਾਰ ਪਰਸਿੱਧ ਸੰਸਥਾ ਦੀ ਸਥਾਪਨਾ ਕੀਤੀ। ਇੰਜ ਹੋਰ ਵੀ ਕਈ ਰੱਬ ਦੇ ਪਿਆਰੇ ਹਨ ਜਿੰਨਾਂ ਵੱਖ ਵੱਖ ਖੇਤਰਾਂ ਵਿਚ ਆਪਣਾ ਭਰਪੂਰ ਯੋਗਦਾਨ ਪਾਇਆ।

ਸੰਸਾਰ ਵਿਚ ਆਏ ਹਰ ਮਨੁੱਖ ਲਈ ਜ਼ਰੂਰੀ ਹੈ ਕਿ ਉਹ ਆਪਣੀ ਸਮਰਥਾ ਅਨੁਸਾਰ ਸੇਵਾ ਦੇ ਖੇਤਰ ਵਿਚ ਯੋਗਦਾਨ ਪਾਵੇ। ਬਹੁਤ ਸਾਰੇ ਡਾਕਟਰ, ਅਧਿਆਪਕ, ਵਿਗਿਆਨੀ ਆਪਣੇ ਆਪਣੇ ਖੇਤਰ ਵਿਚ ਨਿਸ਼ਕਾਮ ਸੇਵਾ ਕਰ ਰਹੇ ਹਨ, ਧੰਨਤਾ ਯੋਗ ਹਨ। ਜੇ ਹਰ ਸਿੱਖ ਗੁਰਬਾਣੀ ਦਾ ਓਟ ਆਸਰਾ ਅਤੇ ਅਗਵਾਈ ਲੈ ਕੇ ਆਪਣੀ ਸਮਰਥਾ ਅਨੁਸਾਰ ਸੇਵਾ ਕਰੇ ਤਾਂ ਗੁਰੂ ਸਾਹਿਬਾਨ ਅਤੇ ਭਗਤ ਰਵੀਦਾਸ ਜੀ ਦਾ ਚਿਤਵਿਆ ਬੇਗਮਪੁਰਾ ਉਸਾਰਿਆ ਜਾ ਸਕਦਾ ਹੈ।

ਅਜੋਕੇ ਸਮੇਂ ਵਿਚ ਗੁਰਦਵਾਰਾ ਪਰਬੰਧ ਵਿਚ ਕੁਝ ਘਾਟਾਂ ਆ ਗਈਆਂ ਹਨ ਪਰ ਪੱਛਮੀ ਦੇਸ਼ਾਂ ਵਿਚ ਕਈ ਸਿੱਖ ਸੰਸਥਾਵਾਂ ਚੰਗੇ ਕੰਮ ਕਰ ਰਹੀਆਂ ਹਨ, ਜਿੰਨਾ ਵਿਚੋਂ ਗੁਰਦਵਾਰਾ ਸ਼ੀਰੀ ਗੁਰੂ ਸਿੰਘ ਸਭਾ ਹੰਸਲੇ ਵੀ ਧਾਰਮਿਕ ਅਤੇ ਵਿਦਿਅਕ ਖੇਤਰ ਵਿਚ ਬਹੁਤ ਅਗੇ ਵੱਧ ਰਿਹਾ ਹੈ। ਪੰਜਾਬ ਦੇ ਸਕੂਲਾਂ ਵਿਚ ਪੜ੍ਹ ਰਹੇ ਜ਼ਰੂਰਤਮੰਦ ਕਈ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸਹਾਇਤਾ ਕੀਤੀ ਜਾ ਰਹੀ ਹੈ। ਬੱਚਿਆਂ ਨੂੰ ਪੰਜਾਬੀ ਪੜ੍ਹਾਈ ਜਾਂਦੀ ਹੈ। ਗਰਮੀਆਂ ਦੀਆਂ ਛੁੱਟੀਆਂ ਵਿਚ ਦੋ ਹਫ਼ਤੇ ਲਈ ਬੱਚਿਆਂ ਦੇ ਕੈਂਪ ਲਗਦੇ ਹਨ ਜਿਹਨਾਂ ਦਾ ਸਾਰਾ ਪਰਬੰਧ ਨੌਜਵਾਨ ਹੀ ਕਰਦੇ ਹਨ। ਗੁਰਬਾਣੀ ਦੀ ਸੰਥਿਆ ਦਾ ਪਰਬੰਧ ਹਰ ਉਮਰ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਵਾਸਤੇ ਹੈ। ਕੀਰਤਨ ਅਤੇ ਗਤਕਾ ਸਿਖਾਓਣ ਦਾ ਪਰਬੰਧ ਵੀ ਹੈ। ਹੋਰ ਵੀ ਅਨੇਕਾਂ ਪਰਕਾਰ ਦੀਆਂ ਸੇਵਾਵਾਂ ਦਾ ਪਰਬੰਧ ਹੈ। ਬੱਚਿਆਂ ਨੂੰ ਪੰਜਾਬੀ ਪੜ੍ਹਾਈ ਜਾਂਦੀ ਹੈ। ਗਰਮੀਆਂ ਦੀਆਂ ਛੁੱਟੀਆਂ ਵਿਚ ਦੋ ਹਫ਼ਤੇ ਲਈ ਬੱਚਿਆਂ ਦੇ ਕੈਂਪ ਲਗਦੇ ਹਨ ਜਿਹਨਾਂ ਦਾ ਸਾਰਾ ਪਰਬੰਧ ਨੌਜਵਾਨ ਹੀ ਕਰਦੇ ਹਨ। ਗੁਰਬਾਣੀ ਦੀ ਸੰਥਿਆ ਦਾ ਪਰਬੰਧ ਹਰ ਉਮਰ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਵਾਸਤੇ ਹੈ। ਕੀਰਤਨ ਅਤੇ ਗਤਕਾ ਸਿਖਾਓਣ ਦਾ ਪਰਬੰਧ ਵੀ ਹੈ। ਹੋਰ ਵੀ ਅਨੇਕਾਂ ਪਰਕਾਰ ਦੀਆਂ ਸੇਵਾਵਾਂ ਦਾ ਪਰਬੰਧ ਹੈ।

## The Gurdwara as a Centre for Seva, Education and Community Development

In today's world, Gurdwaras face many challenges in their management and administration. Nevertheless, it is encouraging to see that many Sikh organisations, particularly in Western countries, are making significant contributions to religious, educational and community life.

**Sri Guru Singh Sabha Gurdwara, Hounslow**, is one such example, with its activities continuing to develop across a wide range of areas.

The Gurdwara's role extends beyond the provision of religious services. It is increasingly becoming a **centre for education, youth development, community engagement and humanitarian service**. Among its activities is support for a number of **needy students in schools in Punjab**, helping young people who may otherwise struggle to continue their education.

### Education and Young People

The Gurdwara provides opportunities for children to learn **Punjabi**, helping to preserve language, culture and heritage for future generations.

During the summer holidays, **two-week children's camps** are organised. An especially encouraging aspect of these camps is the involvement of young people in their organisation and delivery. This gives the younger generation an opportunity not only to participate but also to develop leadership, organisational skills, responsibility and, most importantly, the spirit of Seva.

There are also arrangements for **Gurbani Santhia**, enabling children, young people and adults of different ages to learn the correct pronunciation and recitation of Gurbani and to deepen their understanding of Sikh teachings.

Opportunities to learn **Kirtan and Gatka** further contribute to the spiritual, cultural and physical development of young people.

Alongside these activities, the Gurdwara provides many other forms of religious, educational, cultural and community service.

### The Gurdwara of the Future

The modern Gurdwara has an important opportunity to become much more than a place where people gather for religious observance.

It can become a **centre of learning, service, compassion, youth development, health, education and community engagement**.

Most importantly, it can provide an environment in which the next generation learns not simply *about* Seva, but actually **experiences and practises it**.

If young Sikhs are encouraged from an early age to give their time, skills and resources for the benefit of others, Seva can become a natural part of their everyday lives.

The true strength of a Gurdwara is therefore not measured solely by the size of its buildings or the number of its programmes. Its real strength lies in the **character of the people it inspires, the lives it touches and the service it provides to humanity**.

The principle is beautifully simple:

- ☞ **Serve without ego.**
- Give without expectation.**
- Help without discrimination.**
- And live in accordance with the teachings of Gurbani.**

That is the true spirit of Seva and, ultimately, one of the finest expressions of Sikhism.

## ਰੱਬ ਕਿਥੇ ਨਹੀਂ ਹੈ?

Jagtar Singh Thethi

ਈਰਾਨ ਦੇ ਇਕ ਸਕੂਲ ਵਿਚ ਇਕ ਉਸਤਾਦ ਪੜ੍ਹਾਇਆ ਕਰਦੇ ਸਨ। ਉਹਨਾਂ ਦਾ ਤਕੀਆ ਕਲਾਮ, ਭਾਵ ਆਦਤ ਬਣ ਗਈ ਸੀ ਕਿ ਹਰ ਕਲਾਸ ਨੂੰ ਸ਼ੁਰੂ ਕਰਨ ਤੋਂ ਪਹਿਲਾਂ ਇਹ ਜ਼ਰੂਰ ਕਹਿਣਾ, ਖੁਦਾ ਹਰ ਥਾਂ ਵਿਆਪਕ ਹੈ ਅਤੇ ਸਾਨੂੰ ਦੇਖ ਰਿਹਾ ਹੈ। ਬੱਚਿਆਂ ਨੂੰ ਪਹਿਲਾਂ ਤਾਂ ਅਜੀਬ ਜਿਹਾ ਲਗਿਆ ਪਰ ਫਿਰ ਸਮਝ ਗਏ ਕਿ ਉਸਤਾਦ ਜੀ ਇਹ ਗੱਲ ਸਾਡੀ ਭਲਾਈ ਵਾਸਤੇ ਹੀ ਕਹਿ ਰਹੇ ਹਨ, ਜੇ ਅਸੀਂ ਰੱਬ ਤੋਂ ਡਰ ਕੇ ਰਹੀਏ ਅਤੇ ਕੋਈ ਗਲਤ ਕੰਮ ਨਾ ਕਰਦੀਏ। ਬੱਚੇ ਭੀ ਖੁਸ਼ ਸਨ ਅਤੇ ਉਸਤਾਦ ਭੀ ਰਾਜੀ।

ਇਕ ਦਿਨ ਉਸਤਾਦ ਜੀ ਨੇ ਹਰ ਰੋਜ਼ ਵਾਲੀ ਗੱਲ ਨਾ ਕੀਤੀ ਅਤੇ ਕਹਿਣ ਲਗੇ, “ਅਛਾ ਬੱਚਿਓ, ਇਹ ਦਸੋ, ਕਿ ਰੱਬ ਕਿਥੇ ਨਹੀਂ ਹੈ”? ਬੱਚੇ ਉਸਤਾਦ ਜੀ ਦੇ ਮੂੰਹ ਤੋਂ ਇਹ ਗੱਲ ਸੁਣ ਕੇ ਪਰੇਸ਼ਾਨ ਹੋ ਗਏ ਕਿ ਹਰ ਰੋਜ਼ ਤਾਂ ਇਹ ਦਸਦੇ ਸੀ ਕਿ ਰਬ ਸਰਬ ਵਿਆਪਕ ਹੈ ਅਤੇ ਹਰ ਥਾਂ ਮੌਜੂਦ ਹੈ, ਹੁਣ ਪੁੱਛ ਰਹੇ ਹਨ ਕਿ ਰੱਬ ਕਿਥੇ ਨਹੀਂ ਹੈ? ਸਾਰੇ ਇਕ ਦੂਜੇ ਦੇ ਮੂੰਹ ਵਲ ਦੇਖਣ ਲਗੇ। ਕਿਸੇ ਨੂੰ ਭੀ ਕੋਈ ਜੁਆਬ ਨਾ ਸੁਝੇ।

ਉਸਤਾਦ ਜੀ ਭੀ ਪਰੇਸ਼ਾਨ ਹੋ ਗਏ। ਉਹਨਾਂ ਨੂੰ ਇਹ ਮਹਿਸੂਸ ਹੋਇਆ ਕਿ ਉਹਨਾਂ ਨੇ ਸਵਾਲ ਹੀ ਗਲਤ ਪੁਛਿਆ ਹੈ। ਜੇ ਪਰਮਾਤਮਾ ਹਰ ਥਾਂ ਵਿਆਪਕ ਹੈ ਤਾਂ ਕੋਈ ਅਸਥਾਨ ਅਜੇਹਾ ਨਹੀਂ ਹੋ ਸਕਦਾ ਜਿਥੇ ਰੱਬ ਨਾ ਹੋਵੇ।

ਥੋੜੀ ਦੇਰ ਪਿਛੋਂ ਕਲਾਸ ਦੇ ਸਭ ਤੋਂ ਦੂਰ ਬੈਠਾ ਇਕ ਲੜਕਾ ਉਠਿਆ ਤੇ ਕਹਿਣ ਲਗਾ, “ਉਸਤਾਦ ਜੀ, ਜੇ ਇਜਾਜ਼ਤ ਹੋਵੇ ਤਾਂ ਮੈਂ ਜੁਆਬ ਦਿਆਂ”। ਉਸਤਾਦ ਜੀ ਘਬਰਾ ਗਏ ਕਿ ਇਹ ਮਹਾਂ ਨਲੈਕ ਲੜਕਾ ਹੈ, ਇਸ ਨੂੰ ਜੁਆਬ ਦਾ ਕੀ ਪਤਾ ਹੋ ਸਕਦਾ ਹੈ। ਫਿਰ ਭੀ ਨਾ ਚਾਹੁੰਦੇ ਹੋਏ ਭੀ ਉਸ ਨੂੰ ਬੋਲਣ ਲਈ ਇਜਾਜ਼ਤ ਦੇ ਦਿੱਤੀ।

ਲੜਕਾ ਕਹਿਣ ਲਗਾ, ਕਿ ਆਪ ਦੀ ਗੱਲ ਬਿਲਕੁਲ ਸਹੀ ਹੈ ਕਿ ਰੱਬ ਸਰਬ ਵਿਆਪਕ ਹੈ ਅਤੇ ਹਰ ਅਸਥਾਨ ਤੇ ਮੌਜੂਦ ਹੈ। ਪਰ ਰੱਬ ਬੰਦੇ ਦੀ ਯਾਦ ਵਿਚ ਨਹੀਂ ਹੈ। ਰੱਬ ਸਾਡੇ ਚੇਤੇ ਵਿਚ ਨਹੀਂ ਹੈ। ਉਸਤਾਦ ਜੀ ਸੁਣ ਕੇ ਬਹੁਤ ਖੁਸ਼ ਹੋਏ ਤੇ ਉਸ ਨੂੰ ਸ਼ਾਬਾਸ਼ ਦਿਤੀ।





## The Kirpan: Understanding One of Sikhism's Articles of Faith. What Is the Kirpan?

Bahadur Singh

In Sikhism, there are five visible articles of faith known as the Five Ks. One of these is the Kirpan. To those unfamiliar with Sikhism, it may appear to be a weapon. It represents something very different. The Kirpan is a sacred reminder that a Sikh must use strength only in the service of justice, compassion and the protection of others. It is not carried to intimidate, threaten or promote violence, but to remind its wearer of a lifelong moral responsibility.

The sword entered Sikh history not as a weapon of conquest but as an answer to a question the early Sikh Panth could no longer avoid: what does a faith owe the defenceless when oppression wears the face of empire? The answer was not domination, but responsibility. From its very beginning, the Kirpan was intended to serve humanity, not merely the Sikh community.

### The Journey from Wisdom to the Kirpan

Guru Nanak Ji, the first Guru, had first taught the Sikh Panth to conquer the self before confronting the world. The path he laid was one of Naam, humility, service, and inner discipline. In Guru Granth Sahib Ji, Guru Ji speaks of taking up the Kharag of Giaan, the Sword of Wisdom, to struggle against desire and ego:

ਗਿਆਨ ਖੜਗੁ ਲੈ ਮਨ ਸਿਓ ਲੂਝੈ ਮਨਸਾ ਮਨਿਹ ਸਮਾਈ ਹੇ ॥ SGGS p. 1022

"I fight to overcome the desires of my mind with the double-edged Sword of Wisdom bestowed by the True Guru."

Guru Nanak Ji had already laid the principles within the Sikh mind. It was understood that before a hand can be trusted with a sword, the mind must first be guided by wisdom. Through Gurbani, they cultivated discernment, compassion, restraint, and courage. The question was never how to wield a blade, but when, why, and for whom it should be drawn.

When Guru Nanak Ji passed the Guruship to Bhai Lehna Ji, who became Guru Angad Ji, he entrusted him with a far greater Kharag; the sword of spiritual wisdom. It was the Kharag of Giaan, Shabad, and Naam; the power to cut through ignorance, ego, and illusion. This was the true weapon of the early Nirmal Panth.

ਮਿਤ ਗੁਰ ਆਤਮ ਦੇਵ ਦੀ ਖੜਿਗ ਜੋਰਿ ਪਰਾਕੁਇ ਜੀਅ ਦੈ ॥ SGGS p. 966

By the time of Guru Hargobind Sahib Ji, the sixth Guru, the Panth had matured and the foundation had been laid. What remained was to give visible form to the responsibility that had been growing within the community. He girded two swords at his investiture, naming them Miri and Piri; temporal authority and spiritual authority worn side by side. The message was not that the sword had replaced the Shabad, it stood in Shabad's service. The wisdom of the Guru was to remain the guide, while the sword became its guardian. For there are moments in history when injustice no longer listens to words, and righteousness must find the courage to act.

The principle reached its highest expression in Guru Tegh Bahadur Ji, the ninth Guru, who gave his life not for the protection of Sikhs, but for the freedom of Kashmiri Pandits to practise their own faith. His martyrdom demonstrated that the Sikh commitment to justice was never confined to one's own community. It was a defence of the dignity and conscience of all humanity. The Kirpan would later become the visible symbol of that same universal responsibility.

What Guru Nanak Ji had planted, and the succeeding Gurus had nurtured over two centuries came to fruition in 1699, when Guru Gobind Singh Ji revealed the Khalsa to the world.

The Kirpan was not handed to an unprepared people simply because they wished to possess a sword. It was entrusted to a community whose minds had been shaped over two centuries through the teachings of the Gurus. Before Sikhs were entrusted with a blade, they had first been taught humility, compassion, equality, self-restraint and service. It is a sacred responsibility: to stand with courage rather than fear, to protect rather than intimidate, and to place one's strength in the service of those who cannot defend themselves. Guru Gobind Singh Ji himself drew a clear moral boundary in the Zafarnama. Addressing to Aurangzeb, a Mughal ruler, he declared that only

when every peaceful avenue has failed does the use of the sword become justified. It is a doctrine of restraint wearing the form of a weapon.

ਚੁ ਕਾਰ ਅਜ ਹਮਰ ਹੀਲਤੇ ਦਰ ਗੁਜਤ ॥

ਹਲਾਲ ਅਸਤ ਬੁਰਦਨ ਬ ਮੀਰ ਦਸਤ ॥

“When all means of resolving a matter have been exhausted, then it is legitimate to take the sword in hand.”

### Why Did the Gurus Wait Over Two Hundred Years?

The Guru understood that courage without wisdom easily becomes violence, while power without humility becomes oppression. For that reason, the Panth was first educated through Gurbani, Seva, discipline and sacrifice. Only when those values had taken root did Guru Gobind Singh Ji place the Kirpan into Sikh hands. The Kirpan therefore was never intended to create righteous people; it was entrusted to those already striving to become righteous.

### The Kirpan Today

More than three centuries later, the Kirpan continues to remind Sikhs that courage is measured not by the willingness to fight, but by the willingness to stand beside those who face injustice. Its purpose remains the same today as it was in 1699: to ensure that strength is always exercised with humility, compassion and responsibility. The tangible presence of the Kirpan reminds the Sikh that responsibility is something to be lived, not merely remembered.

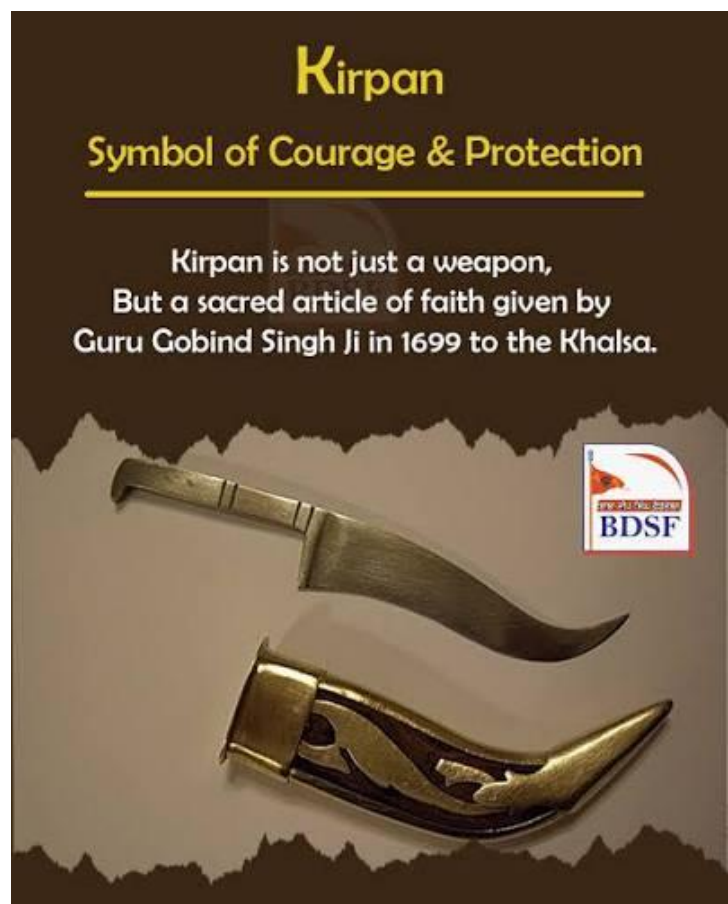
Yet because the Kirpan takes the physical form of a blade, it is often misunderstood by those unfamiliar with Sikhism. Understanding its purpose requires looking beyond its appearance to the principles it represents.

The Kirpan is not a rejection of the rule of law; rather, it reminds Sikhs that moral courage and social responsibility remain essential in every generation. Within Sikh tradition, the Kirpan is not something to be carried casually or as a fashion accessory. It is an article of faith associated with the Khalsa and represents a lifelong commitment to the discipline and teachings of the Guru. Carrying the Kirpan without accepting that responsibility would be contrary to its purpose.

Nor should the presence of a Kirpan be confused with an intention to use violence. The Gurus consistently taught humility, self-control and restraint. A Sikh who carries a Kirpan is expected to exercise greater discipline than someone who carries no such responsibility. The Kirpan symbolises a commitment to protect life, not to threaten it.

### Conclusion

The Kirpan cannot be understood apart from Guru Granth Sahib Ji. It is the Guru's teachings that shape the conscience required to carry it. Without that spiritual foundation, a blade is merely steel. Guided by the Guru's wisdom, however, it becomes a sacred reminder that strength exists not to dominate, but to serve humanity. The Kirpan is not a licence to use force; it is a reminder that strength must always remain under the discipline of conscience.





**The +£40k collection Event**  
**The 34<sup>th</sup> Annual Sponsored Walk**  
**The Amazing Team**  
**The Chardi Kala Bibi Balbir K Sandhu**  
**The Evergreen Mr Jagjit S Sihra**

**Kam Kaur**



**A Wonderful Day of Seva, Community and Togetherness**

With Guru Ji's kirpa, what a fantastic day it was for our annual Gurdwara Sponsored Walk, bringing together members of our community in the true spirit of seva, unity and togetherness.

The walk was a wonderful opportunity for people of all ages to come together, get active, support a great cause and, most importantly, connect with one another through seva. From the youngest participants to our more experienced walkers, everyone played their part in making the event a great success.

There was a fantastic turnout, with participants showing incredible enthusiasm, determination and commitment throughout the walk. Everyone who took part should be extremely proud of their achievement. Whether they completed the full route, walked with family and friends, or simply came along to support others, every step made a difference.

Our participants did exceptionally well, completing the full 8km route with great energy, commitment and community spirit. Every step was a reflection of the dedication and generosity that makes our Sangat so special. The encouragement between participants, families and supporters created a fantastic atmosphere from start to finish.

The event was much more than walking. It was about Sangat, building stronger connections within our community and sharing the joy of giving back. The smiles, encouragement and positive spirit throughout the day truly reflected the values that seva represents.

A huge thank you goes to every participant for their efforts and for helping to make the walk such a success. Your dedication, generosity and community spirit were inspiring to see.

A very special and heartfelt thank you goes to Mr Shira, who has been organising and running the sponsored walk for over 30 years. He has shown incredible devotion, dedication and commitment to seva and to the community. His continued efforts have helped establish the sponsored walk as a much-



loved and valued part of our Gurdwara and community calendar. Year after year, Mr Shira has given his time, energy and passion to bring people together, encouraging generations of families and members of the Sangat to take part. His dedication is a wonderful example of what seva truly means, serving others with humility, consistency and a genuine desire to make a difference. Our sincere Thanks to Mr Shira whose contributions are deeply appreciated and will never be taken for granted.

We would also like to express our deepest appreciation to all the sevadars who gave their time, energy and support before, during and after the event. From organising and setting up, to marshalling the route, providing refreshments, supporting participants and helping behind the scenes, every contribution was greatly valued.

The time, dedication and effort given is truly appreciated. The selfless seva, commitment and willingness to give your time for the benefit of the community helped make the day such a success.

The hard work that happens behind the scenes can often go unseen, but it is the dedication of people like Mr Sihra ji, Balbir Kaur Bharj and all the sevadaars that allows our community events to come together so successfully.

Events like this simply would not be possible without the selfless efforts of our sevadars.

Thank you to everyone who joined us, supported the walk and contributed in any way. Your contribution also helps the Gurdwara in so many ways, as well as many other charities. Together, through seva and Sangat, we continue to build a stronger, kinder and more connected community.



Waheguru Ji Ka Khalsa, Waheguru Ji Ki Fateh







## WHAT IF KARAH PRASHAD IS TEACHING US HOW TO LIVE?

Dr Parminder Singh Sahota

"Anand bha-i-aa meri maa-ay, satgur mai paa-i-aa."

**I have found bliss, O my mother, through the True Guru.**

Simple Ingredients - Equal parts ghee. Equal parts flour. Equal parts sugar.  
But watch what happens.

The ghee becomes hot.

The Guru's Gian is like that nourishing ghee — warm, sustaining, transforming.

Then the flour is added. Scattered. Loose. Everywhere. Just like our conditioned thoughts.  
Our fears. Our stories. Our attachments. Our ego.

And then comes the stirring. Slow. Constant. Patient.

The heat does not stop. And neither does the stirring. Because the raw flour must be cooked.

Perhaps that is us. Life puts us through the heat, and the Guru teaches us to keep stirring — to stay humble, to stay present, to keep surrendering.

Until what was raw becomes transformed.

And then comes the sugar. Sweetness. Amrit. Anand. But notice something: The sweetness comes **after** the transformation.

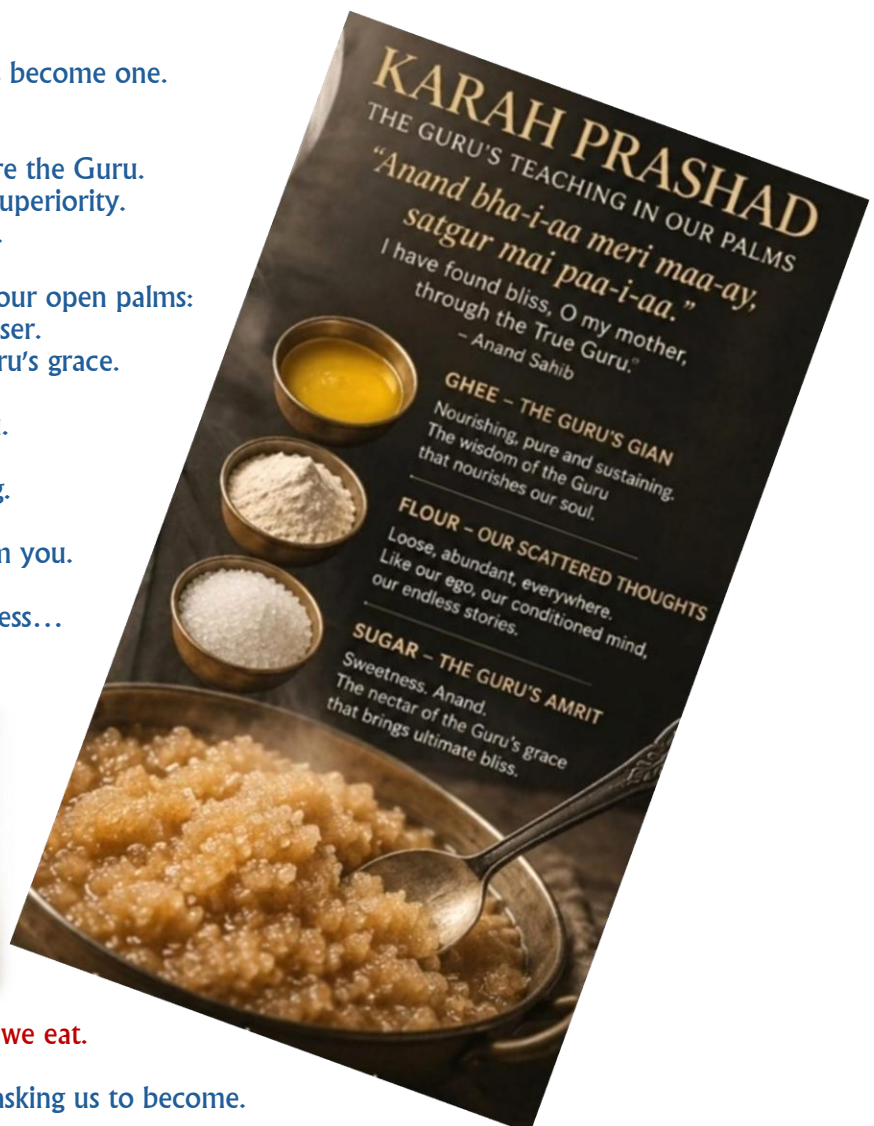
And then three very different things become one.  
Ghee. Flour. Sugar. EQUAL.

Just like the people who come before the Guru.  
No status. No wealth. No ego. No superiority.  
Everyone receives the same Prashad.

Perhaps that is the lesson hidden in our open palms:  
You are not greater. You are not lesser.  
You are simply a receiver of the Guru's grace.

The heat of life may be cooking you.  
The stirring may be uncomfortable.  
The ego may resist. But keep stirring.

Stay humble. Let the Guru transform you.  
Until the scattered becomes one...  
Until the bitterness becomes sweetness...  
Until the ego becomes surrender...  
Until the heart discovers Anand.



**Karah Prashad is not just something we eat.**

Perhaps it is something the Guru is asking us to become.



## Gurdwara Activities & Support Services

| Gurdwara Education & Activity Programme               |      |                          |                  |
|-------------------------------------------------------|------|--------------------------|------------------|
| Activity                                              | When | Time                     | Where            |
| Santhiya (SGGS recitation)                            | Mon  | 4:45-6:00pm              | 2nd Fl Main Bldg |
| Santhiya (SGGS recitation)                            | Tue  | 5:00-6:00pm              | 2nd Fl Main Bldg |
| Santhiya (SGGS recitation)                            | Wed  | 4:45-6:00pm              | 2nd Fl Main Bldg |
| Gurmat Gyan I                                         | Sun  | 10:00-11:00am            | Surgey Room      |
| Gurmat Gyan II                                        | Sun  | 11:30-12:30pm            | Surgey Room      |
| Simran Amritvela                                      | Fri  | 6:00-6:30m               | Main Darbar      |
| Kirtan, Tabla, Sitar & Harmonium (3)                  | Mon  | 4:30-6:00pm              | 1st Fl New Bldg  |
| Harmonium                                             | Tue  | 10:00-12:00pm            | 1st Fl New Bldg  |
| Tabla (1)                                             | Thu  | 5:30-7:30pm              | 1st Fl New Bldg  |
| Kirtan & Harmonium (2)                                | Thu  | 5:00-7:00pm              | 2nd Fl Main Bldg |
| Gurbani Kirtan - Raj Academy                          | Fri  | 6:00-8:00pm              | 1st Fl New Bldg  |
| Ladies Fitness                                        | Tue  | 9:30-11:00am             | 2nd Fl Main Bldg |
| Ladies Fitness                                        | Wed  | 9:30-11:30am             | 2nd Fl Main Bldg |
| Ladies Fitness                                        | Thu  | 9:30-11:30am             | 2nd Fl Main Bldg |
| Ladies Fitness - Pilate                               | Tue  | 2:30-3:30pm              | 2nd Fl Main Bldg |
| Chair Yoga Classes (Mixed Over 60s)                   | Mon  | 12:00-1:00pm             | Classroom        |
| Chair Yoga Classes (Mixed Over 60s)                   | Fri  | 12:00-1:00pm             | Classroom        |
| Gatka Martial Arts                                    | Thu  | 6:00-8:00pm              | Foyer New Bldg   |
| Taekwondo Korean                                      | Mon  | 6:00-8:00pm              | Foyer New Bldg   |
| Football (Sat Practice; Sun Matches)                  | Sat  | 9:30-11:00am             | Heston School    |
| Computer Training                                     | Tue  | 9:30-11:30am             | Library New Bldg |
| Computer Training                                     | Wed  | 9:30-11:30am             | Library New Bldg |
| Computer Training                                     | Thu  | 9:30-11:30am             | Library New Bldg |
| English for Adults (ESOL) - Qualify if on Income Supp | Tue  | 10:00-12:10pm            | Academy New Bldg |
| English for Adults (ESOL) - Qualify if on Income Supp | Wed  | 10:00-12:10pm            | Academy New Bldg |
| Panjabi (4-6 years) Story Time                        | Sun  | 11:30-11:45; 1:00-1:15pm | Library          |
| Panjabi (4-6 years) Miri Piri Panjabi Class           | Sun  | 12:00-1:00pm             | Library          |
| Panjabi <b>GCSE</b>                                   | Sun  | 11:00-1:00pm             | Academy New Bldg |
| Panjabi for <b>Adults</b>                             | Sat  | 8:45-10:15am             | Academy New Bldg |
| Panjabi Session I Grp I Beginners                     | Sun  | 10:00-11:30am            | Academy New Bldg |
| Panjabi Session I Grp II Intermediate                 | Sun  | 10:00-11:30am            | Academy New Bldg |
| Panjabi Session I Grp III Pre-GCSE                    | Sun  | 10:00-11:30am            | Academy New Bldg |
| Panjabi Session II Grp I Beginners                    | Sun  | 11:30-13:00pm            | Academy New Bldg |
| Panjabi Session II Grp II Intermediate                | Sun  | 11:30-13:00pm            | Academy New Bldg |
| Panjabi Session II Grp III GCSE                       | Sun  | 11:30-13:30pm            | Academy New Bldg |
| Panjabi Grp I Beginners                               | Tue  | 6:00-7:30pm              | Academy New Bldg |
| Panjabi Grp II Beginners                              | Tue  | 6:00-7:30pm              | Academy New Bldg |
| Panjabi Grp III Intermediate                          | Tue  | 6:00-7:30pm              | Academy New Bldg |
| Panjabi <b>'A'Level</b>                               | Sun  | 09:00-11:00am            | Academy New Bldg |
| Panjabi speaking                                      | Sun  | 11:00-11:30am            | Academy New Bldg |
| Tutions (Science, Maths)                              | Sun  | 10:00-4:00pm             | Academy New Bldg |
| Kirtan Simran (last Saturday of Month)                | Sat  | 4:00-5:00am              | Main Darbar      |
| Naam Simran Nirmolak Jatha (2nd Saturday of Mo        | Sat  | 4:00-5:00am              | Main Darbar      |
| Katha in English (Sun following Sangrand)             | Sun  | 11:15-12:00pm            | Main Darbar      |

Below are listed some of the many Gurdwara activities and support services.  
Full details can be viewed from our website [www.sgss.org](http://www.sgss.org)

**Chair Yoga for Seniors**  
Gurdwara Sri Guru Singh Sabha Hounslow  
SUPPORT SERVICE  
Every Monday & Tuesday

**SIKH CHAPLAINCY SERVICE**  
Gurdwara Sri Guru Singh Sabha Hounslow  
SUPPORT SERVICE  
Available as required and when required  
Regular visits to

**Stretch, Strengthen, Pilates, Yoga**  
Gurdwara Sri Guru Singh Sabha Hounslow  
SUPPORT SERVICE  
Keeping Healthy - Exercise

**COMPUTER Training Classes**  
Gurdwara Sri Guru Singh Sabha Hounslow  
SUPPORT SERVICE  
No Previous Experience necessary  
All Ages Welcome  
Tuesday, Wednesday & Thursday 9:30am-11:30am

**Yoga**  
Gurdwara Sri Guru Singh Sabha Hounslow  
SUPPORT SERVICE  
Ladies  
Tuesday, Wednesday & Thursday: 9:30pm-11:30pm

**DASTAR Tying Classes**  
Gurdwara Sri Guru Singh Sabha Hounslow  
SUPPORT SERVICE

**CHILDREN YOUTH SAFETY GROOMING AWARENESS**  
Gurdwara Sri Guru Singh Sabha Hounslow  
SUPPORT SERVICE  
INFORMATION DESK & WORKSHOP:  
Every FIRST Sunday of the month  
Information Desk: 10am-2pm  
Workshop: 2:30pm

**KIRTAN CLASSES**  
Gurdwara Sri Guru Singh Sabha Hounslow  
SUPPORT SERVICE  
Kirtan, Tanti Saaz, Harmonium & Tabla Classes

**PANJABI CLASSES**  
Gurdwara Sri Guru Singh Sabha Hounslow  
SUPPORT SERVICE  
Tuesday session

**TUTORIAL SERVICES**  
Gurdwara Sri Guru Singh Sabha Hounslow  
SUPPORT SERVICE  
Mathematics, Physics, Accounting +  
EVERY SUNDAY 9:00AM - 4:00PM  
Tutors are Sikh graduates from Top UK Universities  
If you are an experienced teacher or tutor, please join us:

**LIBRARY**  
Gurdwara Sri Guru Singh Sabha Hounslow  
SUPPORT SERVICE  
Opening Times  
Tuesday 11:00am-1:30pm  
Sunday 11:00am-1:30pm

**Children's Story Time**  
Gurdwara Sri Guru Singh Sabha Hounslow  
SUPPORT SERVICE

**Dnh Advice Surgery**  
Gurdwara Sri Guru Singh Sabha Hounslow  
SUPPORT SERVICE  
Every Friday 11:00am-3:00pm

**Gurbani Santhiya Class**  
Gurdwara Sri Guru Singh Sabha Hounslow  
SUPPORT SERVICE  
Monday & Tuesday for Adults  
Wednesday for Children  
5:00-6:00pm

.... And many more



## Sikh Assisted Marriages

Participants must be registered on our matrimonial database to benefit from this service.

Application forms for this service are available from the Gurdwara or can be downloaded from [www.sgss.org/matrimonial](http://www.sgss.org/matrimonial). The completed application form and a passport size photograph, with a non-refundable registration fee of £50 can be paid by Cheque or Bank transfer. Please use the reference 'Matrimonial/Surname'.

Card payments can be made in person at the Gurdwara.

Cheque: Payable to account 'Sri Guru Singh Sabha Hounslow' and posted/delivered to:  
The Matrimonial Service, Gurdwara Sri Guru Singh Sabha, Alice Way, Hounslow, TW3 3UD

Bank Transfer: Account Name 'Sri Guru Singh Sabha Hounslow',  
Sort Code 20 96 55 and Account No. 00859095.

Enquiries: In person or by telephone (020 8814 6701): Monday – Sunday 10:00am – 1:00pm

Email: [matrimonial@sgss.org](mailto:matrimonial@sgss.org)

All information will be strictly confidential, and sincere efforts will be made to introduce interested parties. The management of the Gurdwara will not be responsible morally, legally, or otherwise, for any alleged act of negligence, omission, or commission by either of the parties concerned, nor will it be liable to any legal action.

The current list (at the time of going to press) of our matrimonial partners appears below. An upto date list is available on the website:

### Males

| RefNo | DateOfBirth | AcademicQualification                  | CurrentJobTitle                     | Height |
|-------|-------------|----------------------------------------|-------------------------------------|--------|
| 3385  | Mar-90      | LLB Hons DIP PFS                       | Financial Adviser                   | 5' 06" |
| 3386  | Oct-89      | CFA                                    | Investment Management               | 6' 00" |
| 3387  | Jun-94      | ACA Trainee and BSC in Mathematics     | ACA Trainee                         | 5' 11" |
| 3388  | Jan-94      | Master of Technology                   | Support Advisor                     | 6' 00" |
| 3389  | Jul-94      | BSc Hons Economics                     | VP Finance                          | 5' 11" |
| 3390  | Feb-93      | BSC Civil Engineering                  | Senior Technical Coordinator        | 5' 06" |
| 3391  | Oct-92      | Economics Degree                       | Finance Business Partner            | 5' 08" |
| 3392  | Feb-93      | BA Business Management (Hons)          | Logistics & Operations Specialist   | 5' 08" |
| 3393  | Dec-94      | Accounting & Finance                   | Civil Servant                       | 5' 08" |
| 3394  | Apr-84      | BA Econ and CIMA                       | Financial Controller                | 5' 09" |
| 3396  | Jul-98      | MSc International Business             | Transactional HR and Payroll        | 5' 08" |
| 3397  | Dec-00      | BA Economics & Maths                   | Government Economist                | 6' 01" |
| 3398  | Jan-90      | MSc Investment Management              | Analyst in Asset Management Company | 6' 01" |
| 3399  | Jul-91      | Mechical Engineer                      | HGV Driver                          | 5' 08" |
| 3400  | Oct-89      | BA in Hospitality                      | Store Manager                       | 5' 11" |
| 3401  | Jun-92      | BSc Hons Financial Mathematics         | Project Manager                     | 6' 01" |
| 3402  | Dec-99      | BMBS Medical Degree                    | Doctor                              | 6' 02" |
| 3403  | Apr-94      | MBBS                                   | GP                                  | 5' 08" |
| 3404  | Nov-95      | Masters in Information Systems         | Business Manager                    | 5' 08" |
| 3405  | Apr-85      | MSC - Masters in Science in Technology | IT Team Leader                      | 5' 08" |
| 3406  | May-93      | BDS, MPharm                            | Dentist                             | 5' 10" |
| 3407  | Dec-94      | MBChb                                  | Doctor                              | 5' 10" |
| 3408  | Mar-92      | MBChB MRCS                             | Hospital Doctor                     | 5' 09" |
| 3409  | Dec-84      | BSc Pharmacology                       | Ambulance Driver                    | 5' 11" |
| 3410  | Jul-92      | MMBS ChB                               | Doctor - Consultant                 | 6' 01" |

|      |        |                                                  |                                  |        |
|------|--------|--------------------------------------------------|----------------------------------|--------|
| 3411 | May-88 | Own Property Business                            | Company Director -Own Business   | 5' 10" |
| 3412 | Apr-92 | Pharmacist, Dentist                              | Dentist                          | 5' 08" |
| 3413 | Jul-92 | BSc (Hons) MBBS                                  | Hospital Doctor                  | 6' 02" |
| 3414 | Jul-94 | Diploma in Accountancy                           | Own Business Director - Haulage  | 5' 11" |
| 3415 | Jun-85 | PhD                                              | Director at Pharmaceutical       | 5' 09" |
| 3416 | Jul-88 | BSc Computer Science                             | IT Team Leader                   | 5' 07" |
| 3417 | Mar-88 | BSc Honours Business and Economics               | Civil Servant                    | 5' 07" |
| 3418 | Nov-97 | BSc Business Manager                             | Senior Property Management       | 6' 05" |
| 3419 | Jun-82 | BSc Hons computer                                | Software Engineer                | 5' 05" |
| 3420 | Aug-96 | BDS                                              | Dentist                          | 5' 09" |
| 3421 | Jan-99 | LLB Law                                          | Police Officer                   | 6' 00" |
| 3422 | Apr-98 | MBBS                                             | Doctor                           | 6' 03" |
| 3423 | Dec-96 | Bsc (Hons) Mathematics, Statistics & Business    | Financial Strategy Associate     | 5' 08" |
| 3424 | Nov-98 | Bsc Mahematics, Msc Management                   | Data Analyst                     | 6' 00" |
| 3425 | Jun-77 | Diploma                                          | Customer Services                | 6' 01" |
| 3426 | Nov-91 | Msc Business and innovation                      | Project Manager                  | 6' 00" |
| 3427 | Dec-91 | Advance Diploma                                  | Aircraft Engineer                | 5' 11" |
| 3428 | Apr-86 | BA Hons in Business Management                   | Machine Operator                 | 5' 11" |
| 3429 | Jan-95 | BA Law                                           | Police Officer                   | 5' 11" |
| 3430 | Sep-95 | B Eng Aeronautical Engineer                      | Aerospace Engineer               | 6' 03" |
| 3431 | Aug-91 | MSc Finance                                      | Digital Analyst                  | 6' 00" |
| 3432 | Jul-90 | Masters in Economic and History                  | Enterprise and Investment Lead   | 5' 11" |
| 3433 | Nov-93 | BA Graphic Design                                | Graphic Designer                 | 5' 10" |
| 3434 | Apr-91 | BSc Economics                                    | Risk Consultant                  | 6' 01" |
| 3435 | Feb-97 | BA Accounting and Financial Info Systems         | Finance Specialist               | 5' 08" |
| 3436 | Jan-95 | Level 4 Motor Technician                         | Team Leader - McLaren Motorsport | 5' 11" |
| 3437 | Nov-89 | BA History & International Relations             | Corporate Banker                 | 6' 00" |
| 3438 | Nov-94 | Mechanical Engineerng                            | Production Manager               | 5' 10" |
| 3439 | Jun-92 | BSC Mathematics                                  | Business Owner - Trucking        | 5' 11" |
| 3440 | Dec-94 | Diploma in Electrical and Electronic Engineering | Engineer                         | 6' 00" |
| 3441 | Sep-90 | MSc Advanced Pharmacy                            | Senior Phamacist                 | 5' 10" |
| 3442 | Sep-95 | Masters in Data Science                          | Senior Data Engineer             | 5' 08" |
| 3443 | Jun-97 | BSc Economics                                    | Technology Strategy Consultant   | 5' 06" |
| 3444 | Nov-88 | BSc Accounting & Finance                         | IT Project Manager               | 5' 10" |
| 3445 | May-91 | BSc Bussiness Info Systems                       | Sale Purchasing Manager          | 5' 09" |
| 3447 | Aug-97 | BA Hons - Business Management                    | Cyber Secuity                    | 5' 06" |
| 3448 | May-96 | Masters In Computer Science                      | Cyber Security Engineer          | 5' 09" |
| 3449 | Mar-93 | Master of Pharmacy                               | Pharmaceutical                   | 6' 03" |
| 3450 | May-86 | MA Management Studies                            | Own Business                     | 5' 08" |
| 3451 | Feb-85 | BSc Multi Media and Tech                         | Marketing Project Manager        | 6' 00" |
| 3452 | Jan-96 | BSc Information Systems                          | Asset Information Analyst        | 5' 08" |
| 3453 | Sep-96 | MSc Investment Management                        | Investment Analyst, CFA          | 5' 10" |



|      |        |                                 |                                      |        |
|------|--------|---------------------------------|--------------------------------------|--------|
| 3454 | Oct-96 | BSc Finance, FRM                | Investment Risk Analyst              | 6' 01" |
| 3455 | Feb-87 | IT                              | Truck Driver                         | 5' 10" |
| 3456 | Jan-92 | Masters- Finance & Accounts     | Management Accountant                | 5' 11" |
| 3457 | Apr-88 | BSc Maths                       | Head of Pricing Transformation (Ins) | 5' 10" |
| 3458 | Dec-00 | MPHARM                          | GP Pharmacist                        | 6' 01" |
| 3459 | Jun-95 | PHD Clinical Medicine           | Post Doctoral Researcher             | 5' 11" |
| 3460 | Apr-97 | MBBS iBSC                       | Doctor/GP Trainee                    | 5' 09" |
| 3462 | Jan-89 | Accounting and Finance          | Senior Account Manager               | 5' 10" |
| 3463 | Sep-94 | B Eng Civil Engineerig          | Principal Structural Engineering     | 5' 08" |
| 3464 | Aug-99 | BSc Economics - ACA Accountancy | Treasury Accountant                  | 6' 00" |
| 3465 | Jun-98 | BSC Hons Computer Science       | Lead Data Scientist                  | 5' 08" |
| 3466 | Dec-83 | BA Hons.                        | Civil Servant                        | 5' 11" |
| 3467 | Sep-00 | Masters in Pharmacy             | Pharmacist                           | 6' 02" |

## Females

| RefNo | DateOfBirth | AcademicQualification                 | Present Employment                  | Height |
|-------|-------------|---------------------------------------|-------------------------------------|--------|
| 9655  | Feb-87      | BSc CIPFA                             | Accountant                          | 5' 03" |
| 9656  | Oct-78      | Solicitor LLB                         | Solicitor                           | 5' 02" |
| 9657  | Mar-00      | MBChB                                 | Doctor                              | 5' 04" |
| 9658  | Feb-97      | BSc Optometry                         | Optometrist                         | 5' 04" |
| 9659  | Mar-87      | LLB LLM Barrister (BVC)               | Barrister                           | 5' 06" |
| 9660  | Dec-90      | BSc Accounting and Finance            | Global Director                     | 5' 03" |
| 9661  | Nov-77      | Political Science                     | Business Administration             | 5' 07" |
| 9662  | May-99      | BSc Economics                         | Financial/Credit Analyst            | 5' 05" |
| 9663  | Mar-94      | BA Hons Graphic Design                | Digital Designer                    | 5' 06" |
| 9664  | Apr-95      | Masters in Human Rights Law           | Ministry of Justice                 | 5' 03" |
| 9665  | May-93      | LLM                                   | Solicitor- Ernst & Young            | 5' 06" |
| 9666  | May-94      | MSc Biomedical Science                | NHS Laboratory                      | 5' 06" |
| 9668  | Nov-94      | MBBS                                  | Medical Doctor                      | 5' 07" |
| 9669  | May-95      | MBBS                                  | Pharmacy Assistant - Trainee Doctor | 5' 01" |
| 9670  | Apr-95      | BSC Medical Sc & Postgraduate Finance | Director - JP Morgan                | 5' 08" |
| 9671  | Jun-97      | BSc BioChemistry MSc Computer Science | Software Consultant                 | 5' 01" |
| 9672  | May-88      | MSc                                   | Pharmacist/Aurvedic Practitioner    | 5' 08" |
| 9673  | Jan-89      | MBChB                                 | NHS Hospital Doctor                 | 5' 08" |
| 9674  | Nov-92      | BA Literature & Creative writing      | Higher Education                    | 5' 03" |
| 9675  | Dec-91      | Level 4 in Early Years                | Deputy Manager in Private Nursery   | 5' 01" |
| 9676  | Jul-97      | BA Science Business Management        | Shop Manager - Family Business      | 5' 00" |
| 9677  | Jan-96      | Foundation Degree                     | Safety Engineer                     | 5' 04" |
| 9678  | Mar-86      | LLB Law (Hons)                        | Finance Consultant                  | 5' 06" |
| 9679  | Aug-88      | BSc Pharmacology                      | Process Scientist                   | 5' 09" |
| 9680  | Oct-89      | LLB Hons                              | Solicitor                           | 5' 03" |
| 9681  | Dec-86      | MSC Criminology                       | Occupational Therapy Assistant      | 5' 04" |
| 9682  | Nov-87      | BA Education                          | Deputy Head                         | 5' 07" |

|      |        |                                   |                                        |        |
|------|--------|-----------------------------------|----------------------------------------|--------|
| 9683 | Jun-85 | BA Film Studies                   | Camera & Optics Technician             | 5' 07" |
| 9684 | Nov-93 | DDS Dentist                       | Dentist/Clinical Director              | 5' 08" |
| 9685 | Nov-88 | MSc                               | Physician in NHS                       | 5' 03" |
| 9687 | May-94 | Accounting Apprenticeship         | Senior NHS Administrator               | 5' 05" |
| 9688 | Nov-95 | LLB (Hons)                        | Operational Manager                    | 5' 05" |
| 9689 | Jun-88 | Health & Social Sciences          | Local Government                       | 5' 03" |
| 9690 | Dec-98 | B.Sc                              | Project Manager                        | 5' 04" |
| 9691 | Mar-99 | Studying for ACCA Accountancy     | Management Accountant                  | 5' 03" |
| 9692 | Aug-87 | BSc (Hons) Information Systems    | IT Project Manager                     | 5' 00" |
| 9693 | Mar-91 | MBBS BSc (Hons) MRCP(UK)          | Hospital Doctor                        | 5' 07" |
| 9694 | Sep-95 | BSc Hons Psychology               | Project Manager                        | 5' 06" |
| 9695 | Jun-90 | Master - MPharm                   | Pharmacist                             | 5' 06" |
| 9696 | Jan-96 | BSc - Accounting and Finance      | Financial Adviser                      | 5' 04" |
| 9697 | Aug-98 | MSc Engineering                   | Geologist                              | 5' 05" |
| 9698 | Sep-96 | MSC - Sustainability & Management | Senior Consultant                      | 5' 04" |
| 9699 | Dec-00 | MSc                               | Finance Professional                   | 5' 05" |
| 9700 | Jul-98 | MSC Marketing Management          | Marketing Exec                         | 5' 00" |
| 9701 | Oct-97 | MBChB                             | Trainee GP                             | 5' 06" |
| 9702 | Dec-96 | BSc (Hons) Business Management    | Ministry of Justice (HR Business Mgmt) | 5' 05" |
| 9703 | Apr-94 | MSc Business Psychology           | Corporate Comms Specialist             | 5' 00" |
| 9704 | May-96 | BSc Computer science              | QA Engineer                            | 5' 01" |

## Panjabi School Term Dates

Sept 2026 – July 2027

Registration starts 6<sup>th</sup> Sept 2026 - midday

| Autumn Term | Start date | Last Day   |           | Start date | Last Day   |
|-------------|------------|------------|-----------|------------|------------|
| Tuesday     | 08/09/2026 | 20/10/2026 | Half term | 03/11/2026 | 15/12/2026 |
| Saturday    | 05/09/2026 | 24/10/2026 | Half term | 07/11/2026 | 19/12/2026 |
| Sunday      | 06/09/2026 | 25/10/2026 | Half term | 08/11/2026 | 20/12/2026 |

| Spring Term | Start date | Last Day   |           | Start date | Last Day   |
|-------------|------------|------------|-----------|------------|------------|
| Tuesday     | 05/01/2027 | 09/02/2027 | Half term | 23/02/2027 | 23/03/2027 |
| Saturday    | 09/01/2027 | 13/02/2027 | Half term | 27/02/2027 | 27/03/2027 |
| Sunday      | 10/01/2027 | 14/02/2027 | Half term | 28/02/2027 | 28/03/2027 |

| Summer Term | Start date | Last Day   |           | Start date | Last Day   |
|-------------|------------|------------|-----------|------------|------------|
| Tuesday     | 13/04/2027 | 25/05/2027 | Half term | 01/06/2027 | 20/7/2027  |
| Saturday    | 17/04/2027 | 29/05/2027 | Half term | 05/06/2027 | 24/07/2027 |
| Sunday      | 18/04/2027 | 30/05/2027 | Half term | 06/06/2027 | 25/07/2027 |

## Supporting Your Gurdwara

**Show Your Gratitude:** Donations to the Gurdwara to help run the Sangat services are gratefully received, as are donations for the land effort; this can be done in one of three ways

**By Cheque:** Payable to Sri Guru Singh Sabha Hounslow and posted/delivered to Gurdwara Sri Guru Singh Sabha, Alice Way, Hounslow, TW3 3UD

**Online:** Donations can be made online at [www.sgss.org/donate](http://www.sgss.org/donate)

**BACS:** Barclays Bank, Sort code 20 96 55 and Account No. 00859095.

**Health & Safety:** The Gurdwara strongly advises that everyone should continue to follow the Government guidelines to keep yourselves and your loved ones safe. Whenever possible please observe social distancing, wear face covering and wash hands frequently.

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